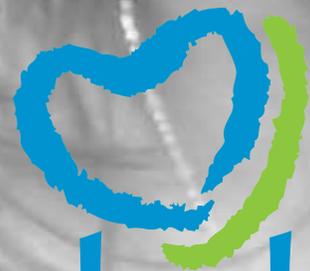


Annual Report 2012

Championing Change



The
whole child

building emotionally
healthy lives since 1957

dear Community members

In this Annual Report, we celebrate our successful ability to **Champion Change**...an inevitable process that human service organizations must embrace in order to remain competitive and meet the needs of the community. **Championing Change** is not easy; it is a complex and rigorous initiative...more so during economic uncertainty, limited resources and increased demand for services.

We, at The Whole Child have **Championed Change** in the following ways:

First, we integrated housing services into our organization by acquiring the Rio Hondo Temporary Home.

The Whole Child now has a new service that will enable us to expand our mission and increase our impact by providing safe, stable and permanent housing to homeless children and their families.

Second, 91% of our staff have been trained in six evidenced based practice models for the purpose of providing research supported mental health interventions with a proven track record of achieving positive outcomes that are cost effective, reliable and valid.

Third, we have established two additional mental health centers in the City of Whittier. The Whole Child now has a mental health

center on the campus of Whittier High School. Our involvement with the Whittier Union High School is due to a partnership with the Department of Mental Health, which will enable the integration of behavioral health services for youth and their families in a school based setting. In addition, our Birth to Five Center entitled "*Early Attachments*" is **expanding** through a matching grant made possible by First 5 LA and the BCM Foundation in the amount of \$800,000. This expansion will provide critically needed mental health services for "at risk" infants and young children using a multi-level approach to develop

Our Mission

The mission of The Whole Child is to give children of all ages the skills, support and security they need to build emotionally healthy lives and become caring, responsible adults. Our commitment to children includes their parents, whom we empower to create nurturing families. Together, we enrich our community and our world.

Our Vision

We envision a society that embraces children as its most precious resource and that is actively committed to their safety, emotional well-being and ability to thrive at home, school and play.

a secure healthy emotional bond with caregivers and preventing abuse, neglect, and injury to young children. We look forward to seeing you at the ribbon cutting ceremony for our two newest satellites. Keep an eye out for the invitation.

We are proud that each change will bring both real and perceived value to our consumers, staff, stakeholders and community.

As you turn through the pages of this Annual Report, you will see the spotlight on our staff and board of directors who have been champions for the change effort, as well as the stories on how we're

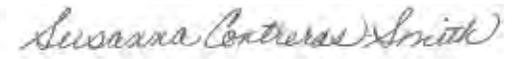
transforming so many young lives. Their vision, leadership and multiple contributions is how we achieve our mission.

Lastly, we **Champion Change** because of **YOU**, our supporters and donors. Thank You for your confidence and trust in The Whole Child. Your generosity contributes to the transformational change of so many young lives.

Sincerely,



Charlene Dimas-Peinado, LCSW, EML
Chief Executive Officer



Susan Contreras Smith, M.ED
Board Chair



“The Whole Child has a fundamental commitment and dedication to understanding and responding to building emotionally healthy lives for children, because our most important years are our earliest.”

Susanna Contreras Smith,
Board Chair

THE WHOLE CHILD Mental Health

comprehensive services

The Whole Child is an established leader in the field of infants' and children's emotional health and family housing, offering a comprehensive, evidenced based, coordinated spectrum of highly respected "services without walls" that are provided where needed. The following core services are provided with sensitivity to our culturally diverse clients and families:

OUTPATIENT MENTAL HEALTH SERVICES: Services include a comprehensive psychosocial assessment, individual, family and group psychotherapy. The outpatient services provide a structured nurturing therapeutic environment designed to promote successful home, school and community functioning by enhancing self-esteem, encouraging personal growth and development, and improving socialization skills within a group. Theoretical orientations for the implementation of therapeutic services include child centered theory, family systems theory, and strength based theory. Treatment techniques and interventions include, but are not limited to play therapy, cognitive-behavioral therapy, brief strategic family therapy, behavioral modification techniques, attachment therapy, trauma therapy, Gestalt Therapy, sand tray therapy and art therapy.

CRISIS INTERVENTION SERVICES: When a child and/or family member is experiencing a crisis, which often occurs in the school, home and/or community, immediate assessment, triage and intervention is required. A master level therapist will provide a comprehensive crisis assessment to determine the level of therapeutic interventions required to stabilize the child and/or family member. The goal will be to stabilize the identified client in the presenting crisis situation preventing a more intensive level of mental health services such as hospitalization, removal from the home, expulsion from school, and/or police involvement. Thus, returning the identified client to the highest level of functioning and reintegrating successfully the client to the school, home and community setting. Crisis intervention services include eight to ten sessions. However, if the therapist is unable to successfully stabilize the crisis situation, planning with the family, school staff and/or collaborative involved will ensure a higher level of care appropriate to the crisis situation, i.e. intensive outpatient and/or intensive home based services.

EXPERTISE

Years of Service with The Whole Child

25+ years

Dr. Arenowitz, MD

20 Years

Charlene Dimas-Peinado, LCSW, EML

11-14 years

Rosalinda Baeza, LCSW

Bibianca Jauregui, OFFICE MANAGER

Edison Otadoy, CASE MANAGER

10 Years

Cynthia Villalvazo, ACCOUNT

REPRESENTATIVE

6-9 years

Mandi Buzard, LMFT

Natalie Castellanos, MSW

Christina Gallegos, EXECUTIVE
ADMINISTRATIVE ASSISTANT

Deane Henryson, LMFT

Denise Gardner Lugo, CASE MANAGER

Esther Soriano, ACCOUNT
REPRESENTATIVE

MEDICATION SUPPORT AND MANAGEMENT: Upon completion of the psychosocial assessment and throughout the treatment process, it will be determined if a psychiatric evaluation will be scheduled for possible use of psychopharmacological treatment. A board certified licensed psychiatrist will conduct a comprehensive evaluation, establishing a positive relationship with the child and parent(s)/guardian, providing information on psychopharmacology, and on-going medication support and management.

PSYCHOLOGICAL TESTING: Upon completion of the psychosocial assessment and throughout the treatment process, it will be determined if a psychological testing is indicated. Psychological testing can be instrumental in determining effective therapeutic goals or treatment interventions; determining diagnosis; assessing the level of cognitive functioning; ruling out psychosis; assessing developmental and educational deficits as well as strengths; and determining additional internal and external resources to meet client and family's needs accordingly. The licensed psychologist will work with the agency's multidisciplinary team, as well as community collaborative(s), i.e. schools, hospitals, etc., to gather history and/or data which will assist in determining methodology for further clinical assessment and treatment planning.

SPECIALIZED FOSTER CARE (SFC): Comprehensive mental health services for children and adolescents currently involved with the foster care system in Los Angeles County due to issues of child abuse; referrals are made directly by the Los Angeles County Department of Children and Family Services (DCFS).

SCHOOL BASED MENTAL HEALTH SERVICES: Mental health services provided on-site at local schools in the community. The Whole Child partners with seven local school districts including South Whittier School District, East Whittier School District, Whittier City School District, Los Nietos School District, Whittier Union High School District, El Rancho Unified School District, and Montebello Unified School District. Over 21 schools receive school-based mental health services from The Whole Child.

CASE MANAGEMENT: Children and families will receive an array of case management services, which will include interagency, and intra-agency consultation, communication, coordination and referral, ensuring access to resources. A range of areas in which resources may be beneficial to the client and family such as: school, recreation, social supports, finances, housing, transportation, parenting, therapy

continued ...

5 Years

Debra DeMent, LMFT

Juan Hernandez, CASE MANAGER

Nadia Lufti-Orozco, LMFT

Lea Mendoza, LMFT

Rocio Parra, ACSW

Sandra Ruiz, LMFT

Alicia Hernandez, DATA ENTRY CLERK

Beth Haile, LMFT



Mental Health *continued*

for others in the family, emergency assistance (financial), vocation, child care, substance use, legal assistance, etc. Case Managers are trained to use this tool in a manner in which it will promote a sense of support and connectedness to the agency, and in which the therapist and Case Managers can work together to empower the clients to address the needs identified and implement the services recommended.

INTENSIVE OUTPATIENT SERVICES:

- 1. Full Service Partnership (FSP):** intensive in-home mental health services for children (birth to 15) and their families who are involved in multiple service systems such as Department of Children and Family Services (DCFS), Probation, and Special Education. Participants in this program qualify for a higher level of care due to their mental health needs and history of inpatient psychiatric care and/or residential treatment care. Referrals are made by Department of Mental Health (DMH), schools, and other community agencies.
- 2. Family Preservation (FP):** mental health services for children and their families who are current participants of the DCFS Family Preservation Program.
- 3. Field Capable Clinical Services (FCCS):** mental health services for children and families needing more than traditional outpatient services. The majority of these services take place in the community such as in the home and at school. This program is also considered a “step down” service from FSP.
- 4. Multidisciplinary Assessment Team (MAT):** this is a comprehensive mental health assessment program for children recently detained by DCFS. Referrals are made by DCFS and DMH staff co-located at local DCFS offices. MAT assessments are conducted throughout Los Angeles County.

BIRTH TO FIVE SERVICES at the Early Attachments Infant-Toddler Center – programs are sequenced in phases, including: early identification and referral; diagnosis of developmental and/or emotional issues; and treatment (four levels of service). Treatment protocols within Early Attachments cover a spectrum of therapeutic services for infants and toddlers, and can be offered to the parent alone or in conjunction with the child. They include: child-parent psychotherapy: psychotherapy for children 0-5 years; The Incredible Years: training to teach parents effective parenting strategies that promote young children’s social and emotional competence, reduce problem behaviors, and increase positive and nurturing parenting; Parents as Teachers: home-based service to teach parents appropriate activities and educational development for their infants/toddlers; Positive Parenting Program: training for parents of children with challenging behavioral problems; and Infant Massage: relaxation techniques to reduce crying and help infants sleep more soundly as well as promote healthy bonding through physical interaction and verbal and nonverbal communication. Additional services include developmental screenings, and support groups for women with post-partum depression. Strong community partnerships exist with PIH Health, Beverly Hospital and local Head Start schools.

PREVENTION AND EARLY INTERVENTION SERVICES (PEI): Comprehensive short term mental health services utilizing evidence-based practices (EBPs) which are researched based and supported for their efficacy with children and families. The Whole Child is pleased to offer the following EBPs: Trauma Focused Cognitive Behavioral Treatment (TF-CBT); Seeking Safety: Triple P Positive Parenting; Managing and Adapting Practice (MAP); Child Parent Psychotherapy; and Incredible Years.

FINANCIALS

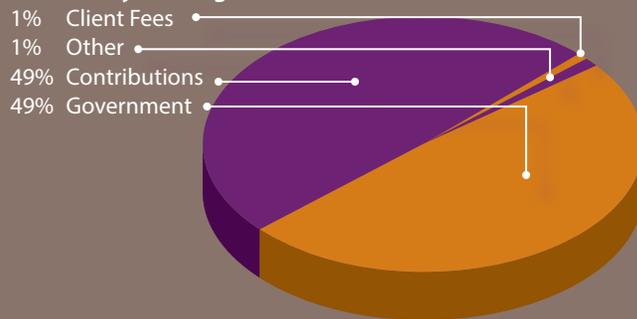
GROWING UP SAFE: A child abuse prevention and education program that takes a proactive approach to educating young children about child abuse, teaching specific skills on how to recognize and respond to potential threats within families, schools, and the community. Using the nationally recognized curriculum Think First, Stay Safe, The Whole Child works with local school districts in bringing awareness to first graders and their parents.

THE PARENT PROJECT®: The Whole Child offers parenting groups for our community utilizing The Parent Project curriculum for parents of teens and Loving Solutions (Parent Project, Jr.) for parents of elementary school aged children. The Parent Project curriculum offers a strength based approach that supports parents in strengthening their relationship with their children by promoting healthy communication.

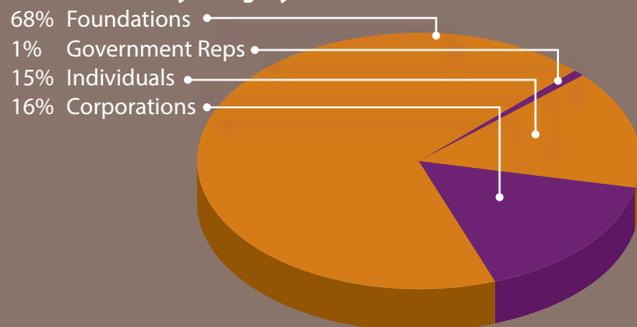
FAMILIES FIRST - PRIMERO FAMILIA: This program provides short-term mental health services to children and families who do not have insurance or who do not qualify for other programs such as those funded by DMH. The Whole Child recognizes that mental health is a universal concern and is committed to being a resource for all children by pursuing alternative funding opportunities to eliminate barriers to treatment.

FAMILY HOUSING: The Whole Child's housing division is committed to keeping families together and addressing homelessness... a Community Based, Scattered Site Model. The primary goal of this model is to reflect current best practices to further enable more effective family placement into the community towards housing permanency. Homelessness ends when the individual or family is stabilized in permanent, affordable housing, whatever that permanent housing type may be and whatever the support systems that must be in place to help them stay there. Housing permanency will be achieved through three essential functions: Program Services Coordination; Housing Resource Development; and Case Management Services.

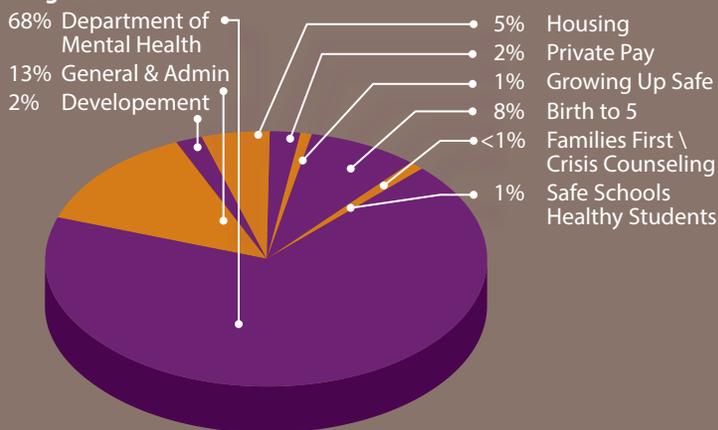
Revenue by Funding Source



Contributions by Category



Program Costs





Family Recovers and Prospers

The Lopez's were a devoted couple and loving parents, slowly building their family, adding one wanted child after the next. Dad was a decent wage earner, able to support his five children, until suddenly, due to the downturn in the economy, his hours were cut at his union job. He no longer was able to work

enough hours to support his family, but too many to obtain aid, and despite selling all their possessions, the family was evicted.

Staying together was their primary goal, which ironically was a roadblock to finding housing since shelters prefer single moms. So the family was forced to live in their car.

Searching diligently, The Whole Child's family housing found an

apartment building that would rent to the entire family.

The Lopez's were grateful and hardworking. Although they could have stayed on the plan for up to six months, they began paying their own way after only two. One year later, the family is doing well. Mom is an apartment manager, supplementing Dad's income, and the kids are thriving in the honor's program at school.



FAMILY HOUSING PROGRAM

Stabilizing *the lives of children with housing*

For over 50 years, The Whole Child has provided children and families with the skills and support they need to build emotionally healthy lives. Because unstable housing jeopardizes children's ability to succeed in their schools and community, we have expanded our services to include family housing as an invaluable extension of our core capabilities.

Families are the fastest growing segment of the homeless population.

The severity of the homeless problem among families in the areas we serve is significant. In 2011, nearly 540 children and 888 family members were identified as homeless in the Southeast Region of Los Angeles. Looking at our geography in a different way, in The Whole Child's location nearly 8% of families are chronically homeless; the highest percentage in the entire county.

Housing is now a critical part of our mission. *Family Housing* is built on the belief that homelessness ends when the family is provided with critical services and support that empower them to maintain permanent, affordable housing. The Whole Child provides both community-based housing to immediately end homelessness and stabilize the family, and case management, counseling, education, and social services to promote long-term success and permanency. We work with the family to identify appropriate housing, which we then subsidize for a period of time to help the family build long-term success.

Our partners in Family Housing: Canning Hunger, PIH Health Care Force One, Costco, Coast-to-Coast, Interfaith Food Center, SASSFA, School on Wheels, Women At Work and the following cities: Whittier, Pico Rivera, Santa Fe Springs, Norwalk, Downey and Montebello.

Our Family Housing Staff:

Laura Diego,
CASE MANAGER;
Angelica Morales,
CASE MANAGER;
Perla Bernal, JOB
DEVELOPER; Evon Green:
OFFICE ASSISTANT;
and Vanessa Sadano:
HOUSING MANAGER



BIRTH TO 5 *new location* Early Intervention *makes a difference*

In April 2012, The Whole Child received exciting news. A major grant from BCM Foundation was matched by First 5 LA for The Whole Child's critical Early Attachments Infant-Toddler Center. A combined \$800,000 from two major grants would enable the agency **to expand** its critical Birth to Five program, an evidenced-based mental health intervention and prevention program for young children in the Greater Whittier area.

\$400,000 was granted by the BCM Foundation, a long-time supporter of The Whole Child. The remaining \$400,000 was received through a matching grant made by First 5 LA. As a result, The Whole Child's Early Attachments Infant-Toddler Center has opened in a satellite office at 12225 Beverly at Citrus Ave in Whittier.

"It is only through the philanthropic support of generous donors such as the BCM Foundation and First 5 LA that The Whole Child can expand critically needed services to at-risk children," said Charlene Dimas-Peinado, CEO, The Whole Child. "We are grateful for their forward thinking and vision to protect the most vulnerable."

In 2003, The Whole Child first implemented early intervention and prevention services with First 5 LA – School Readiness Program. The Whole Child's Early Attachments program targets infants and toddlers, ages 0-5 who are identified as high risk for abuse and/or neglect as well as those at high risk of adversity due to special needs. It also includes their parent(s) often with a history of mental illness and/or substance abuse.

Key components include: parent enrichment classes, developmental screenings for infants and toddlers, family therapy, workshops and support groups for children and their parents, and preventative programs for perinatal depression in women. The bilingual staff at The Whole Child – collaborating with such local community partners as PIH Health, Montebello's Beverly Hospital, and local school districts- also trains both child care providers and health care providers in identifying and working with mental health issues in young children.



Our Birth to Five Staff:
Mireya Ramirez,
PARENT PARTNER;
Loren Lail, ACSW;
Dr. Rose Temblador,
PROGRAM DIRECTOR;
Rocio Parra, ACSW ;
Liz Newquist, MFT,
Alicia Hernandez,
DATA ENTRY CLERK; &
and Sonia Torres, BS



WHITTIER
UNION HIGH SCHOOL



ADMINISTRATION



Our Integrated School Health Center Staff:

(back row) Ryan Cragg, DIRECTOR OF SCHOOL BASED SERVICES, LPC; Joe Delgadillo, SCHOOL COUNSELOR; (front row) Reina Shebesta, SCHOOL COUNSELOR; Dana Slay, ACSW; Brenda Pulido, ACSW; and Nancy Velasco, SCHOOL COUNSELOR



PARTNERSHIPS AND EXPANSION

new location

On Campus

*with Whittier Union
High School*

The Whole Child, Whittier High School and the Los Angeles County Department of Mental Health have partnered to expand its role in providing ongoing behavioral health services to students on the Whittier High School Campus. The goal is to improve mental health and health outcomes by promoting and implementing proven service models and prevention principles to students and their families that build resiliency and increase protective factors, while decreasing the need for future mental health interventions.

Students and their families who are unlikely to seek help from traditional mental health providers because of stigma, lack of knowledge, or other barriers will now have direct access to services. The Whole Child and Whittier High School have worked collaboratively to establish a mental health center centrally located on its campus. The Whole Child has placed two full-time professionally trained therapists at this location to provide these critically needed services. The Whole Child's therapists and Whittier High School Counselors will work together to identify and refer students and their families to the mental health center or they can simply "walk-in" to the center and schedule an appointment.

This partnership will promote mental wellness through universal and selective prevention strategies; help foster a positive school climate; and offer early intervention mental health services through the use of various Evidence Based Practices and make the most efficient use of resources.

The Whole Child continues to be innovative and a center of excellence for mental health services in our community, this new model will exemplify this effort.

THE INCREDIBLE YEARS **Dinosaur** *summer camp*

Summer is a time when children have fun, make friends, and participate in activities such as going to camp. However, children with emotional and behavioral problems often miss out on these experiences. This summer The Whole Child set out to change this and became the first community-based agency in the country to offer The Incredible Years Dinosaur Summer Camp. This program was developed at The University of Washington and provides a camp experience in a therapeutic setting for children with aggressive, oppositional, and impulsive behaviors. In the camp, children learn skills such as how to make friends, manage anger, solve problems, and be successful in school. Fourteen children between the ages of six and eight participated in this seven week program. Parents also participated as “volunteers” in the camp where they had the opportunity to observe the interventions the therapists used and then practiced implementing these interventions with a coach so they could also use them at home. Outcome data from this camp was very positive indicating that parents reported that their child’s behavior had improved and they were very pleased with the The Whole Child and the Summer Camp program.

Our Dino Camp therapists:
Sandra Ruiz, LMFT
and Mandi Buzard, LMFT

WALLY’S STORY **Handling Anger**

Wally: “I have a problem. My mother got really angry with me for something. What should I do when someone... gets angry at me? Shouldn’t I get angry back?”

Therapist: “Why was your mother angry with you?”

Wally: “I broke a flower vase...”

Therapist: “...First, let’s think about why parents get angry... Now let’s think about the problem of his mother being angry with him. What are some possible solutions?”

From The Incredible Years manual:
“The therapists use child-size boy and girl puppets (Wally and Molly) to model appropriate child behavior. There is also a dinosaur puppet (Dina Dinosaur) who is the director of Dinosaur School and teaches school rules and rewards and praises children who are doing well.”







WALTER'S STORY

A young man overcomes the effects of his father's violence

Walter Rivas has grown into a fine young man, strong, hard working and caring about others. But this wasn't always the case. It's a story he wants to share to inspire other young people.

"When I look back to before I came to The Whole Child, when I was 15, it was a very dark time," he remembers. "Sure, I'd go to school, but I didn't even take off my backpack. I'd just sit there, staring and depressed."

Fortunately, Walter did not turn to drugs. With the help of his mother, and The Whole Child he narrowly escaped the path of his father, who

abused meth amphetamine and terrorized Walter and his Mom with his hallucinations and violent behavior.

"My mother didn't give me a choice," he says, "She said I'm taking you to The Whole Child. It seemed important to her, so I went."

Working with his therapist, Walter learned self control and, slowly regained a small sense of personal power. So the day his father in-



GROWING UP SAFE *first graders learn to*
Protect
*themselves from sexual
abuse and abduction*

Partnering with four local school districts, The Whole Child expanded a child-abuse prevention program, Growing Up Safe, and has now educated approximately 1,400 multi-ethnic kids in first grade. The class has provided the students with skills to keep them safe from sexual abuse, violence, and abduction.

These preventative steps were created to address the critical levels of child abuse in the community. In 2010, in the Southeast region of Los Angeles County (The Greater Whittier Area), 19,518 child abuse and neglect referrals were made to emergency response unit with the Department of Children and Family Services. The Whole Child has taken steps to fight back with an effective child-friendly early prevention and educational approach that includes administrative education, teacher education, parent forums and first grade classroom instruction.

Sandra Ascencio, The Whole Child's trained educator, teaches the children how to use their common sense skills and intuition to identify common lures used by predators, the confidence to protect themselves from violence, and to "Say NO, Run and Tell." The 7-week class teaches them where and how they should be touched – not in their "bathing suit zone" – and what to do if molestation happens to them. It emphasizes the theme of Being Safe and respecting others and themselves.

creased his violence, Walter had the strength to call the authorities. "He was handcuffed and imprisoned, then deported," Walter remembers.

Walter's anger was still strong, "I wouldn't visit him or talk to him in prison," he said. Over the years, he watched as his dad went through several cycles of second chances and re-arrests.

Ultimately, though, Walter's

therapy led him to a stage of renewal and acceptance. "I started a new chapter in my life," he says.

Walter is grateful for the help he received from The Whole Child. "Thank you for not giving up on me," Walter told his Mom recently. And despite past violence, Walter has even reached out to his Dad, wanting to help him in the same way he was helped. "I realized he's my father,

and some things are precious. And even though my Dad's actions got him to where he is today, and he might never change, I won't give up on him either."



community

Heroes

raise funds for our children

Recognizing the economic plight of individuals supported by non-profits, such as The Whole Child, and the needs of homeless children in the community, Linda Cheval and her daughter Elise Cheval Galluzzo took action. With the assistance of their 11 stylists, they staged a Cut-a-Thon, offering \$10 haircuts to the community. And Whittier responded. More than 100 men, women and children came out in force for hair cuts and raffle tickets. The event raised over \$1500 for The Whole Child.

“Before we opened the salon we decided we wanted to use the business to help the community,” explained Linda Cheval, co-owner. “Giving back is a philosophy here at Salon Cheval. During the Cut-a-Thon you could feel the true spirit of philanthropy in the air. The stylists even donated their tip money.”

This philosophy was reflected in the customers, two of which had more than 10 inches chopped off during the Cut-a-Thon in order to donate their hair to Locks of Love.

Salon Cheval wasn't the only business to support The Whole Child during the event. Calendar Vixens, a non-profit that raises cause-money through bake sales had a table at the event. “We heard about the need and just wanted to help,” Said Vanessa Melendez, founder of Calendar Vixens. Salon Cheval, located at 13505 Whittier Blvd, across from The Quad, has served the Whittier area for four years.



CARRIE'S STORY

Anxiety Conquered

Carrie was only nine, but had suffered from cerebral palsy, epilepsy and encephalitis. However it was her upcoming spinal fusion, a potentially lethal surgery, that caused her severe anxiety and destructive behavior at school. As

much as she wanted to help, her mother was facing her own anxiety trying to deal with her daughter's infirmities.

The therapist at The Whole Child started with the mom, supporting her, and reducing her anxiety. Together they used play therapy with the daughter, staging an imaginary surgery on a doll

outfitted with a shower cap.

Slowly Carrie learned which actions hurt and how to express anger and frustration and yet keeping her body still.

The surgery was a success and with the aid of her therapist, Carrie has been able to work through the stages of recovery.



Salon Cheval
stylists at their
Cut-a-Thon
fundraiser for
The Whole Child

Kids Helping Kids

BOY SCOUTS

For his Eagle Scout project, Boy Scout Kalani Gomez collected over 100 backpacks, generously stuffed with back-to-school supplies for children at The Whole Child.



HIGH SCHOOL STUDENTS

The Light in the Dark Organization at La Serna, an extracurricular student group, led by Nathaniel Perry, created a gift tree in order to collect 120 holiday gifts for the 60 children in The Whole Child's Family Housing program.



Lives Touched

by *The Whole Child*

- 4,368** Children and family members benefited from outpatient therapy, school based mental health, crisis intervention and intensive home-based services to achieve emotional well-being utilizing evidenced based practice models: Trauma Focused – Cognitive Behavioral Therapy, Seeking Safety, Triple P Positive Parenting, and Managing and Adapting Practice (MAP).
- 167** **Parent enrichment classes** designed to promote bonding, positive communication, family interaction increasing healthy parent/child relationships, and appropriate disciplinary techniques utilizing the Parent Project Model.
- 2319** Infants, preschoolers and parents strengthened their relationship and emotional attachment via **Early Attachments Infant-Toddler Center** and **School Readiness Initiative** utilizing evidenced based practice models and outreach services: Child-Parent Psychotherapy, Infant Massage - Loving Touch, Incredible Years and Parents as Teachers.
- 400** Children at South Whittier School District and Los Nietos School District participated in Child Abuse Prevention & Education Program **Growing Up Safe**. Children learned how to use their common sense skills and intuition to identify common lures used by predators, the confidence to protect themselves from violence, and to “Say NO, Run and Tell.”
- 476** **Families First/Primer Familia** promoted positive emotional development, prevention, recovery, and resilience for children, youth and their families with mental health issues through individual, family and group therapy in five school districts.
- 103** **Community Counseling Services** for ALL children are now provided in response to an unmet community need. The need for mental health treatment exists in families of all social classes and backgrounds. The Whole Child is meeting those needs by accepting payment for services through private health insurers, as well as taking necessary steps to keep fees (and costs) as low as possible so that counseling services are affordable.

50 children and 27 adults and 24 households

Family Housing committed to serving homeless families by helping families find and maintain permanent affordable housing in the community by providing services that support success, i.e. mental health, health care, money management, job coaching & training, and nutrition.

7910 CHILDREN AND FAMILIES SERVED

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Margo Kaatz, RN, MFT, Esq., Treasurer
PIH Health

Maria Segovia, Secretary
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Anna Saucedo
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Edgar Bandera
Flagship Endeavors

Ernesto Morales
Rose Hills

Robert Sands
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Virna Lisa McCloskey
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Andres Hurwitz
Atkinson, Andelson, Loya, Ruud & Romo

Kashif Zubair
Adroit Business Solutions, LLC

Charlene Dimas-Peinado, LCSW, EML
Chief Executive Officer

Planned Giving

You do not need to be wealthy to leave a legacy. Make your core values known through a planned gift. Planned gifts include bequests, real estate, stocks, business holdings, life insurance policies, retirement assets, charitable gift annuities, IRA direct donation, and life income gifts, many with opportunities for significant tax benefits. Members of our legacy society are generous and forward thinking donors who will support our long-term success and be long remembered.

WHOLE CHILD LEGACY SOCIETY

All it takes is one person..one connection..and one moment of generosity to help make our children and our world better. That's why The Whole Child created its legacy Society in order to celebrate the countless ways in which the power of one becomes the power of many through the simple act of planned giving. It's easy to join. Just let us know you will be making a planned gift (including bequests, real estate, stocks, business holdings, life insurance policies, retirement assets, charitable gift annuities, IRA direct donation, and life income gifts, many with opportunities for significant tax benefits). Join The Whole Child Legacy Society.



“ There are many ways that you and your family can support The Whole Child. One of those ways is through our new Planned Giving program, and you do not need to be “wealthy” to participate. Through a variety of options, including bequests, charitable gift annuities, charitable remainder trusts, and retained life estates, among many others, you can ensure that the important work which The Whole Child does will continue for many years to come.”

*Andres Hurwitz,
Member Board of Directors
and Chair of Planned Giving*

The Whole Child

Primary Location

10155 Colima Road
Whittier CA 90603

Birth to Five Center

12225 Beverly Boulevard
Whittier CA 90601

Whittier High School

12417 East Philadelphia
Whittier CA 90601



THE WHOLE CHILD HONORS our Donors

It really does “take a village” to support and heal our children. The Whole Child thanks all our community partners.

\$500,000 to 550,000

First 5 LA

\$300,000 to 499,000

BCM Foundation

\$50,000 to 299,000

City of Whittier

\$10,000 to 49,999

Albert and Bettie Sacchi Foundation
Anonymous
City of Downey
City of La Mirada
City of Montebello
City of Norwalk
City of Pico Rivera
City of Santa Fe Springs
The Green Foundation
John and Linda Belsito
The Ralph M. Parsons Foundation
Rotary Club of Whittier

\$5,000 to 9,999

Mike & Diane Globerman
Kaiser Permanente
Pacific Western Bank
PIH Health
Soroptimist International of Whittier

\$1000 to 4,999

Lupe Alfaro
Atkinson, Andelson, Loya, Rudd & Romo
Cliffside Enterprises, Inc.

Susanna Contreras Smith
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Trish Garcia
Dolores Garcia
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Robert Salazar
Sky Rose Chapel Foundation
Supervisor Don Knabe
Team CFO
Whittier Host Lions
Kashif Zubair

\$500 to 999

Monica Alfaro-Welling
Assistance League of Downey
Annette Atwood
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Evelyn Castro-Guillen
Castulo De la Rocha
Tim Depriest
Exym
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Susan Foley
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Family Foundation
The Harrington Group
Amelia Hatcher
Susan Johnson
Katie Mulcahey
Marilyn Rasmussen
Carolyn Reggio
Robert and Carol Sands
Anna Saucedo
Whittier Hospital Medical Center
Richard and Rebecca Zapanta

\$500 and under

Abisco Products Company
Carol Addante
Advance Benefit Center
Jane Ahn
Greg Alaniz
Raul Amescua
Dottie Andersen
Annie Anderson
ARAS

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Virginia Ball
Beverly Ball
Edgar Bandera
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Bruce Bertram
Kathleen Betts
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Betty Bradley
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David Briano
Andrea Bricco
Melissa Brown
Claudia Bustos
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Deborah Duran-Wade
Fernando & Mary Dutra
Linda Eagan
Louis Escandon
Karen Ewen
Joseph and Jeanette Fasone
Sandy Favila
Kathie Fink
Tracy Fish
Sherlyn Fish

In celebration of its 15th anniversary, The 6740 restaurant and bar picked 15 non-profits (including The Whole Child) and donated 15 percent of one day's receipts to each one.

Angel Flores
Forman Consulting Associates
Carmella Franco
Ellen Gardener
Ritchie Geisel
Darlene Gibbons
Elvira Gonzales
Diane Gonzales
Roberta Gonzales
Mary Gonzalez
Ralph and Nancy Gonzalez
Maxine Gowing
Marshall and Janis Green
Greg's Auto Body
Tony and Jackie Grosman
Heather Grossman
Susan Guillou
Jared Gutierrez
Trisha Gutierrez
Patricia Harcourt
Christie Harper
David and Iris Harris
Lori Harris
Patrick and Rosemary Hart

Molly Hatcher
Gale Hausmann
Martha Hecker
Jarret Hendrickson
Kathie Henke
Clara Hernandez
Suzette Hodnett
Kelly Holtom
Eydie Hoss
Leslie Howard
Kay Hundnall
Jay Hunter
Andres Hurwitz
Barbara Ingram
Jane Inouye
Interstate Complete Restoration, Construction and Service
Isabel Irvine
Alicia Jacobs
Bibi Jacobs
Bibiana Jimenez
Shannon Johns
Shirley and Alvin Johnson
Jessica Johnson
Frank and Taryn Johnston
Margo Kaatz
Christina Karagias
Barbara Keith
Jim and Carol Kelly
Sara Kelly
Christine Kennedy
Peggy Kiefer
Diane Kirkpatrick
Kiwanis of Santa Fe Springs
Maria Klein
Thaddeus Knoll
Maureen and Dennis Krock
LA CADA
Myrna Lambert
Deborah Laux
Elizabeth Ledesma
Rene Licon
Marian Locke
LS Real Estate
Jeanette Lydoff
Diane Mackey
Chris and Jessica Magdosku
Marilyn Magnet
Linda Mallett
Cheryl Malm
Juan Martinez
Loree Martinez
Amelia Martinez
Kathryn Martinez
Gisele Mata
Will Max
Jenella McCance
R.D. and Kathleen McDonell
Suzanne McGarry
Helga McGinnis
Angela Meadows
Rebecca Medina

Salon Cheval
sponsored a
cut-a-thon with
proceeds going to
The Whole Child.

Mario Medina
Marilyn Magnet
Alice Mendoza
Kathryn Metz
James and Lucy Michaud
Billie Miller
Audrey Miller
Alex and Irma Moisa
Jose and Zita Montenegro
Ernesto Morales
Elizabeth Moriet
Jeanne Muhlestein
Mary Mulcahey
Corinne Munoz
Ivonne Munoz
George Muriel
Marilyn Neece
Carlyle (Lyle) Nelson
Owen Newcomer
Alanna Nisser
Larry Nolan
James and Iris Noyd
Yvonne and Joey Olmos
Patricia Olson
John and Lisa Orman
Elvia Orozco
Damien Orozco
Erika Owens
Margaret Ozaroski
Sandra Pallyo-Mireles
Rocio Parra
William Pate, Jr.
Patti Payne
Bernado Peinado
Epifanio Peinado
Henri and Dianne Pellissier
Joe Perez
Michael Petrucello
Phelan Elementary
David and Timi
Pickard III
Pio Pico Women's Club
Gregory and Pam Polito
Nick Pondoff
Posada Whittier
Judith Prather
Jane Putch
Mark Rafferty
Carole Restovich
Juliet Ricaud
Jan Ricciardelli
Mary Richards
Juergen Richardt
Eleanor Richman
Warren Riley
Lizbeth Rivera
Erica Roach
Scott and Amber Robinson

Dan and Jacquelyn
Robinson
Chris Rodriguez
Thomas and Victoria
Rosselli
Rotary Club of Pico Rivera
Meg Rottman
Edmond and Lynda Roy
Kaylen Roy
Alfredo and Cleunizete
Roybal
Howard Ruben
Gilbert and Sylvia Saenz
Bob and Janet Sahagian
Salon Cheval
Loretta Sanchez
Frank and Julia Sanchez
Dennis and Kathleen
Sargent
Florence Sasaki
John and Loretta Saylor
Melba Schefres
Maria Segovia
Eva Serna
Suren Seropian
Rob and Sue Settlege
Fernando Shahbaznia
Jim and Karen Shepard
Fran Shields
Scott Shonts
Denise Shovseth
Carolyn Sigall
David Simon
Linda Smith
James and Lillian
Snodgrass
Drew Sones
Kathy Songer
Pat Sorensen
Dan Spencer
St. Raymonds Church
Stacy Enomoto
Tim and Karen Stanford
Sterling/Martin Associates
Steven Castaneda
Living Trust
John Sudick
Michael Taylor
Steve and Rosalie
Temblador
Dolores Thome
Elvia Torres
Arthur Tostaine
Artesia-Cerritos United
Methodist Women
Carla Valez
Marion Vitone
Vera Mae Walsh
Cathy Warner
Jerry Warner
Bonnie Watje
Patricia Weiland
Mark and Valerie Wells
Whittier Area
Community Church
Whittier Chamber
of Commerce

Whittier Rio Hondo
AIDS Project
Armida Wright
David Youn
Virginia Young
Laura Zolenkoff

In Kind Gifts

ACRO Printing, Inc.
Akido-Ai
Amplifier Technologies, Inc.
Angels Baseball Club
Atlantic Dental Group
Avi Resort and Casino
Beez Sweets
James Blaylock
Bri Hana Jewelry
Butterfield 8
C&C Global Link Inc, Eddie
Jr. Liquor Store
Cad Net International
California Grill
Joe Carrillo
Casita Del Pueblo

Kathy Dowling
(president), Dr.
Wendy Kreider
and Mary Ann
Gilbert of
Soroptimists of
Whittier present-
ed CEO Charlene
Dimas-Peinado
and the Board
of Directors of
The Whole Child
with a check for
\$5000 to launch
a joint venture
of a Resource
Center for
the agency's
Family Housing
program.

Catering by Herach
and Ara
Cheesecake Factory
Children's Museum
at La Habra
City Club on Bunker Hill

City of Santa Fe Springs
Coldwell Banker
Ambassador Realty
Tim Colohan
Crepes & Grapes Cafe
Crowne Plaza Hotel
and Commerce Casino
Nick D'Egidio
Dattilo
Karen Delloso Siciliano
Dicker & Dicker
Discovery Science Center
District Printing
Doppio Bacio
Joey Duran
Elephant Bar
Elias Photography
Emertus at Whittier
Ezaki Dental Office
Mostafa Fazel
Fire Station 59
Doris Fitzgerald
Flantastic
Floral Designz N Events
Fountainhead Heroes
Friendly Hills Country Club
Global Trade Marketing Inc
Golf N' Stuff
Greenleaf Yoga
Rudy Hernandez
Rebecca Howard
Huntington Library
Ilaments
Carole Joseph
Ann Kaopuiki
Dorothy Kelly
Kiwanis of Greater Whittier
Kiwanis of La Mirada
Jennifer Krayem
Krikorian Cinema
La Mirada theater for
the Performing Arts
Jeanne Lazo
Life Coaching Masters
Los Angeles County
Fire Department
Los Angeles County
Sheriff's Department
Nadia Lutfi-Orozco
Thaddeus McCormack
McDonald's
Medieval Times
Merrill Gardens
Michael Kors
Mozart, The Salon
MP Urban Marketing
Javier Munoz
Lisa Nacarrato
New Breed Academy
Nickel Nickel
Norwalk-La Marada
Plumbing
Oil Can Henry's
Andrea Oneil
Orbit Rentals
Pacific Park
Pay Advance Payroll

Pico Rivera Chamber
of Commerce
Polly's Pies
PIH Health Family Practice
Rancho Cucamonga
Quakes
Reach for the Stars:
Whittier School District
Renew Massage
and Skin Care

The Linda & John
Belsito Research
Foundation held
its 13th annual
charity golf tour-
nament drawing
players all over
the southland to
come together to
support causes
included The
Whole Child.

Tony Rico
Rowley Portraiture
Roclord Studio
Sage Restaurant
and Lounge
Salon Midori-Skincare
by Maggie
Santa Maria's Children
and Family Center
Jess Segovia, III
Seta
Sherwood
Smart & Final
Southwest Airlines
Spin Lounge
St. Pius X Parish School
Tamayo's
The Brainstorm Group
The Grog Shop
The Posada
The Traveling Traveler
The Zen Den Spa
Thersa's Treasures
Lori Tiffany
Whittier Farms
Whittier Police
Department
William Orr Elementary
Wine Distributor
Wine Group V2
Yard House
Zapien's Salsa Grill

Save the Date!

*the Heart
of a Child
luncheon*

Friday, February 8, 2013
Cerritos Sheraton

Mark your calendars for The Heart of a Child celebration, February 8, 2013 at the elegant Sheraton Cerritos. This year the Whole Child's 43rd annual fundraising event will combine philanthropy with business and art, in an upbeat, networking luncheon with featured artist Dr. Ginger Lai.

In abstract form, using wide brush strokes and strong pigments, Dr. Lai channels experience from her psyche to the brush onto the paper. The content of her pieces represent both images in the world and thought forms of the mind. Dr. Lai has donated three of her original watercolors for our auction.

From an early age in Taipei, Dr. Lai has had a passion for the visual arts. At the age of 16 Dr. Lai immigrated to the U.S. to earn a doctorate degree in clinical psychology before turning her interest to the business world. Dr. Lai is now founder and president of

Gingi, Inc. a luxury line of unisex skincare products manufactured in the U.S. and a favorite gift selection of the Academy Awards, Emmy and Grammy Awards. Thanks to Dr. Lai's generosity, they are also a soon-to-be favorite of our Heart of a Child attendees.



American Glory | Dr. Ginger Lai
22" x 30"

This extravagant rose is wildly open like a passionate woman. She is very proud and strong, unafraid to show her ego. She is so candid and so willing to bare it all that she almost has some masculine qualities shining within her as her prideful boasts awaken curiosity boldness around those around her.



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562 692 0383
www.TheWholeChild.INFO

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