The whole child

building emotionally healthy lives since 1957

2016-2017 ANNUAL REPORT

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Celebrating 60 Years

Dear Friends,

With this Annual Report, we celebrate 60 years of The Whole Child serving the children and families of our community. We can proudly reflect on the opportunities we have had living our mission of servicing the regional mental health and housing needs of families.

This past year, as we've expanded our services to help so many children and families, The Whole Child has proven its resilience as a dynamic organization demonstrating strength even during times of leadership changes. I have thoroughly enjoyed playing a role in these organizational changes as well as working with the leaders and employees at The Whole Child as we've built the agency from 9.5M to almost 12M with now over 100 employees.

A few of this year's noteworthy accomplishments include:

Housing Our Housing team, led by Vanessa Sedano and Erika Guzman, continues to grow and expand the number of families served with 240 families receiving/achieving housing in 2016/2017. Our *Imagine Whittier* project, a newly launched initiative with the Whittier Consortium of Homelessness, Greenleaf, and Imagine LA, has set its' goal to mobilize the citizens of Whittier to end family homelessness.

Champions for Change Our Champions for Change team, led by Sophia Gonzalez, is focused on reducing the prevalence of childhood obesity. In addition to partnering with several local community groups, this program is also collaborating with other The Whole Child programs, and is launching in local schools and area hospitals.

New Leadership Under the leadership of our new Chief Operating Officer, Franz Jordan, Ph.D., MFT, our mental health programs continue to expand across a broad range of mental health services for children and their families.

As we look forward to our next 60 years, we will continue to grow and adapt our family services to the changing needs of our community. We appreciate your steadfast support and partnership in helping the employees at The Whole Child fulfill our mission of providing services to create happier and healthier families.

Sincerely,

Linda Denton

Linda Denton, Interim CEO

Dear Friends,

Please join our Board of Directors, donors, employees, and the greater community in celebrating the 60th Anniversary of the Whole Child. As chair, I'm honored to be serving during this important milestone year.

As we look to the future, we expect to continue making a difference in the lives of our clients and staying true to our timeless mission – giving children of all ages the skills, support and security they need to build emotionally healthy lives and become caring, responsible adults.

The Board of Directors and employees at The Whole Child have deep appreciation for our donors, volunteers, and patrons who continue to support us in our mission and we look forward to your continued support moving forward.

On behalf of The Whole Child Board of Directors – Thank You!

Lyonel Alexandre
Board Chair

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2016-2017

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OUTPATIENT MENTAL HEALTH

Too many children experience times in their lives when their emotional health is impaired by circumstances beyond their control. With professional comprehensive mental health services, children and their families can heal, develop resilience and rebuild emotionally healthy lives. Mental health services provided include: individual, family, and group psychotherapy, crisis intervention, psychological testing, medication assessment and management, case management and parent skill building.

PCIT
Parent Child Interaction Therapy

Parent Child Interaction Therapy – works with parents and children together to improve the quality of the parent-child relationship and to teach parents the skills necessary to manage their child's severe behavior problems.

Changing lives. . .

A young female teen, struggling with depression and hearing voices, received counseling and access to a psychiatrist for medication. The Whole Child then created flexible meeting times with her to work around her busy high school schedule to ensure she received consistent support and important coping skills.

"As a result of therapy, I was able to identify what made me sad, how to feel better, and how to safely communicate my needs and feelings. Most importantly, my relationship with my parents has improved. It has changed my life."

BIRTH TO FIVE

Birth to Five offers a home-bases early intervention and prevention program therapeutically designed to support the developmental and emotional needs of infants (0-5) and their families who are at-risk for developmental, psychological, behavioral, social or family issues. The program empowers parents to take an active role in the children's well-being. It strengthens the development and health of children in stable parent-child relationships to reduce and eliminate risk for abuse, neglect and/or removal from the home by protective services, which often results in foster care placement.

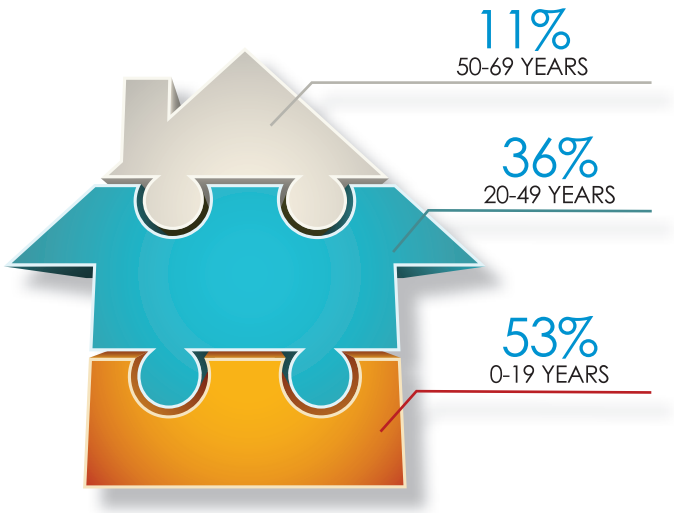
Children ages 1 month to 5½ years of age are screened using the Ages & Stages Questionnaires (ASQ3) to determine if they are meeting their developmental milestones in the areas of Communication and Fine Motor Skills, Problem Solving and Personal-Social Skills. If needed, assistance in obtaining additional assessment and services is provided. Screenings are provided FREE of charge to the community.

EVERYCHILD FAMILY HOUSING

Family Housing provides housing services for homeless families that are built on the belief that homelessness ends when the family is provided critical services and support, empowering them to maintain permanent affordable housing. The Whole Child provides community based housing to immediately end homelessness and stabilize the family as well as mental services, job training and placement, money management, and life skills to promote long-term success and housing permanency.

The Whole Child Housing Clients

Served by Age



A place to call home. . .

Through a client's persistence and the support from The Whole Child, a single mother was able to regain custody of her teen-aged daughter, find a place to call home, and maintain steady employment.

"The Whole Child never judged me; they just went into action to help me and I am so grateful."

IMAGINE WHITTIER

The Imagine Whittier program, is a collaboration between The Whole Child, Imagine LA, Greenleaf, and the Whittier Consortium on Homelessness. The Consortium represents 11 sectors of influence in the local community and meets monthly to address the gaps in services for those currently experiencing homelessness; it is from these meetings this partnership evolved. Imagine LA trained The Whole Child's staff and members of the Whittier Consortium on Homelessness to utilize Imagine LA's proprietary Family Empowerment and Mentorship (FEM) model. The program matches trained volunteers from the Whittier community as mentors with families exiting homelessness. The results of this innovative mentorship program empower families to transition from homelessness to self-sufficiency while helping every member of the family thrive.

Giving hope again. . .

A single mother of two children were recipients of The Whole Child's quick response in finding housing and resources to end their homelessness.

"Without the help of The Whole Child, I honestly don't believe my family would be where we are right now, not just physically, but mentally and emotionally as well. I would never have been able to provide my children a stable home environment."

Homelessness in Whittier. . .

Homelessness in Whittier continues to be a large and growing issue. According to the recent Los Angeles Continuum of Care (CoC) 2017 Greater Los Angeles Homeless Count, the total homeless count is up to 55,188, an increase of 26% from the 2016 count. In Service Planning Area 7 (SPA 7) a total count included 5,189 sheltered and unsheltered individuals with 893 of the 5,189 individuals coming from a family unit.

CHAMPIONS FOR CHANGE

Champions for Change specializes in providing nutrition education and obesity prevention services which are delivered in multiple venues, involving activities at the individual, interpersonal, community, and societal levels.

Currently, Champions for Change is being implemented in agencies across Los Angeles. The program focuses on direct education in schools and community, as well as indirect education during health fairs. Through statewide, regional and local partnerships, programs, and policy initiatives, The Whole Child promotes healthy eating, physical activity, and food security with an emphasis in communities with the greatest health disparities.

The Whole Child Offers:

Parent Nutrition Series Stand Alone Lesson

Rethink Your Drink (Parents Only)

Elementary & Middle School Nutrition Series

Early Education Series

Developed by: The California Department of Public Health

Funding source: USDA Food Stamp Program through the Nutrition and Education Obesity Prevention Branch

Grant Amount: Nearly $1 Million to each Local Implementing Agency (LIA) in Los Angeles County

Target Audience: Low-income Supplemental Nutrition Assistance Program-Education (SNAP-Ed) eligible populations

The Whole Child conducted 64 classes during FY 2016-2017.*

*Champions for Change Fiscal year ends September 30, 2017.

SPOTLIGHT ON THE MAT TEAM

Multidisciplinary Assessment Team

Multidisciplinary Assessment Team is a comprehensive mental health assessment program for children recently detained by Department of Children and Family Services (DCFS). Referrals are made by DCFS and Department of Mental Health (DMH) staff co-located at local DCFS offices. MAT assessments are conducted throughout Los Angeles county.

The Los Angeles Department of Mental Health recognized The Whole Child for being the MAT Provider of the year for Fiscal Year 16'-17'!

INTERNSHIP PROGRAM

The Whole Child has welcomed another group of graduate interns for the 2017-2018 academic year. This year's group of interns came from the following universities:

– University of Southern California

– Loyola Marymount University

– California State University, Fullerton

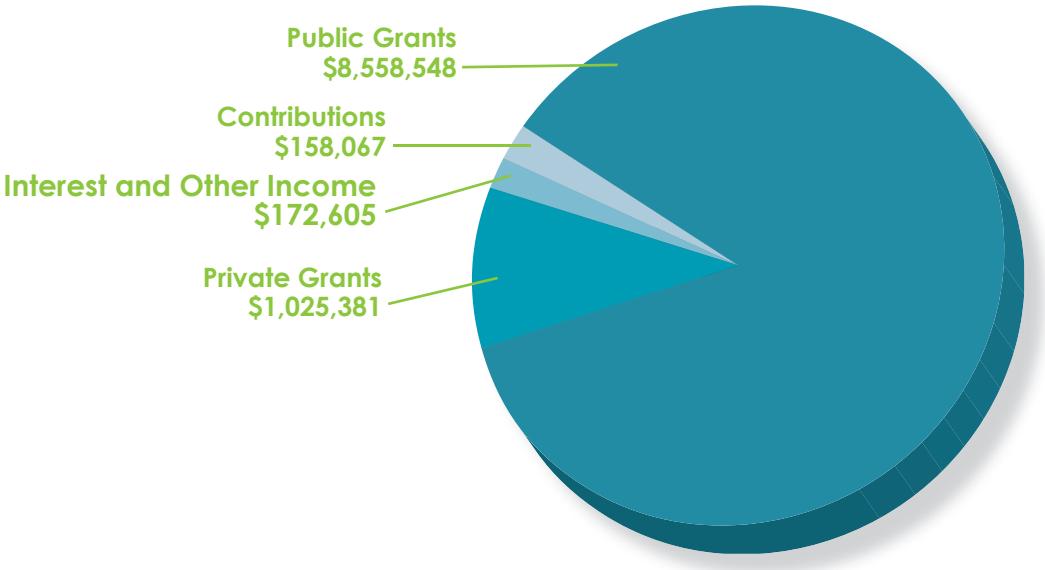
– California State University, Long Beach

Each year, our interns receive fieldwork training at The Whole Child to learn about families. First they learn treatment theories and frameworks for providing therapy to children and families at their universities.

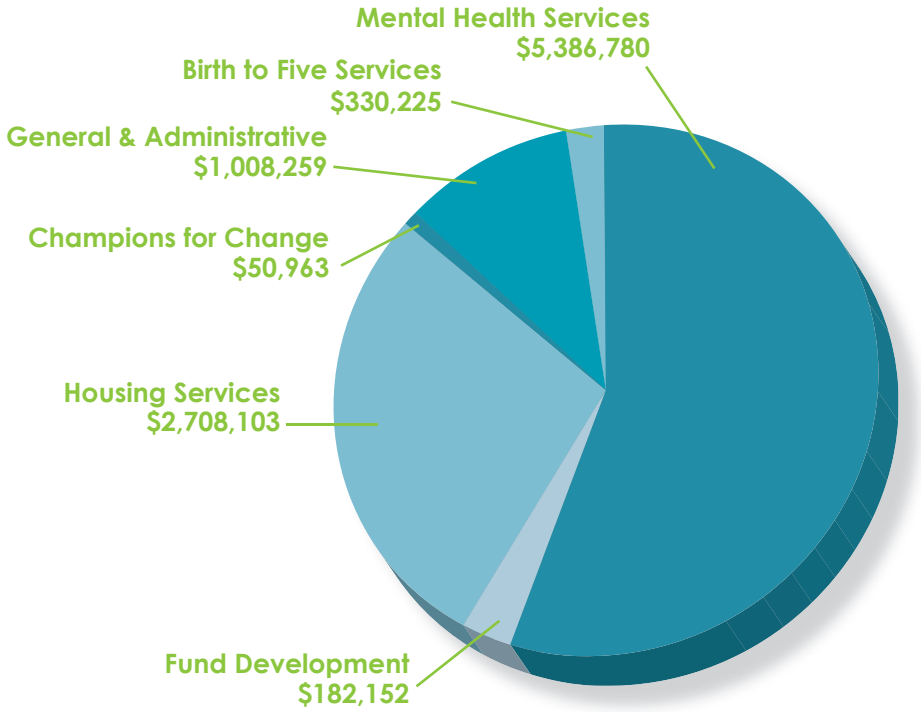
Then While at The Whole Child's internship program, they learn to practice providing direct mental health treatment to the agency's clients while working under the guiding standards of the Los Angeles County Department of Mental Health.

The interns receive their training and guidance from Juan Martinez, LCSW, PhD. Dr. Martinez's approach to preparing the interns is to provide the necessary skills for beginning clinical therapists. The goal is for them to function independently by the end of their internships

2016-2017 FINANCIALS



REVENUE
$9,914,601



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Santa Fe Springs, CA 90670
(562) 692-0261 x3217

The Whole Child Everychild Family Housing
9251 S. Pioneer Blvd.
Santa Fe Springs, CA 90670
(562) 204-0640

Whittier High School Mental Health Center
12417 E. Philadelphia St.
Whittier, CA 90601
Tel: (562) 692-0383
Fax: (562) 692-0380

The Whole Child Mission. . .

Our mission is to give children of all ages the skills, support and security they need to build emotionally healthy lives and become caring, responsible adults.

Our commitment to children includes their parents, whom we empower to create nurturing families. Together, we enrich our community and our world.

and Vision

We envision a society that embraces children as its most precious resource and that is actively committed to their safety, emotional well-being and ability to thrive at home, school and play.